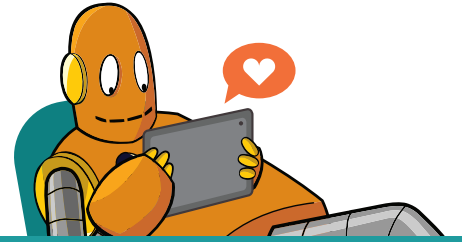


# BrainPOP at Home



Nurture a culture of kindness! Discover, play, and learn with your family.



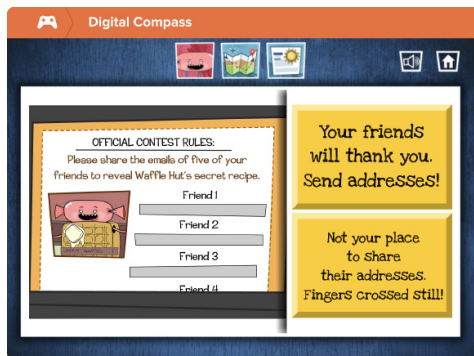
## WATCH A MOVIE

### Conflict Resolution

Grrr! We all feel angry now and then, but what's the best way to cope with feelings of frustration? Watch this movie as a family and discover strategies from taking deep breaths to explaining in a peaceful but direct way why you are upset.

#### ✧ SPARK A CONVERSATION

- *How can taking deep breaths help when you're upset?*
- *How can compromising resolve a conflict?*
- *How can explaining why you're angry help to resolve a conflict?*
- *What are some strategies to use next time you are angry with someone?*
- *How can putting yourself in someone else's shoes help a situation?*



## PLAY A GAME

### Digital Compass

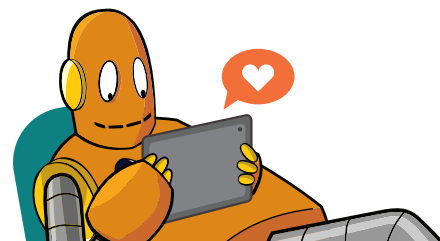
Explore how decisions you make in your digital life affect your relationships and your future.

### The Meaning of Beep: Conflict Resolution

Put your conflict resolution smarts to the test with this context clues game.

Questions about using BrainPOP at home? Contact us at [families@brainpop.com](mailto:families@brainpop.com).

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## 🎬 MAKE A MOVIE

### Make-a-Movie: Conflict Resolution\*

As a family, plan and produce a BrainPOP-style movie that describes strategies for resolving a conflict or for coping with anger. Start the movie with a letter then collaborate to design the scenes, write the script, and record voices.

*\*Make-a-Movie is available for individual student account holders only.*

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